



COMMUNITY BOARD NO. 8 BRONX

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**Honorable Ruben Diaz, Jr.
Bronx Borough President**

Daniel Padernacht, Chairperson

Patricia Manning, District Manager

FOR IMMEDIATE RELEASE: February 25, 2016

Bronx Community Board No. 8 Aging Committee Introduces Its First Senior Resource Guide

Bronx, New York – The Aging Committee of Bronx Community Board No. 8 has published its first Senior Resource Guide. The Guide provides direction on how to access basic necessities, supportive services, social and recreational opportunities located within our area. Community Board No. 8 is pleased to offer this valuable guide to our residents.

Lisa Daub, Chair of the Aging Committee stated, “We prepared this Senior Resource Guide to help residents take advantage of the many engaging opportunities and services available. We believe that our neighborhood is a great place to live at any age and we hope that this directory, by highlighting local resources, will help our neighbors remain active members of our community.”

Dan Padernacht, Chair of Bronx Community Board No. 8 commented, “I am proud of our Aging Committee, and in particular it’s Chair, for taking the initiative to create this resource guide to provide valuable information to our district.” Padernacht continued, “the Senior Resource Guide, being an excellent tool to reach out to the residents of all four corners of Community Board No. 8, also provides a format for our other committees to create guides for our district residents.”

The Senior Resource Guide is available at the Community Board Office located at 5676 Riverdale Avenue, Bronx, NY 10471, and under “Resources” on our website: www.nyc.gov/bronxcb8.

Bronx Community Board No. 8 serves to improve the quality of life in our community district. The Community Board is a vital liaison and advocate for the community in dealing with New York City government, elected officials, municipal service delivery, land use and zoning issues, community and business development, the City budget and many other matters relating to the community's health, safety and welfare. The Board and its committees meet regularly.

For any further information regarding this press release, please contact Patricia Manning, District Manager, at (718) 884-3959 or email bx08@cb.nyc.gov.

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Visit us on the web: www.nyc.gov/bronxcb8

*Serving the neighborhoods of Fieldston, Kingsbridge, Kingsbridge Heights,
Marble Hill, Riverdale, Spuyten Duyvil, and Van Cortlandt Village*