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Harlem Hospital Center Hosts Chef Challenge to Address Diabetic & Budgetary Concerns

New York, NY – (May 9, 2012) On Saturday, May 19, 2012, The Diabetes Prevention and Treatment Center of Harlem Hospital will host a **Chef Challenge Marathon** to raise funds for their “Stirring the Pot” program. Chef Karl Wilder has challenged local and not so local celebrities and chefs, to bring their favorite ingredient or spice. He promises to create something delicious from their challenge ingredient every 30 minutes from 9:00 am to 9:00 pm. The audience will have a chance to taste the dish and judge the results. Chef Karl is currently blogging about eating as a diabetic while on a food stamp budget (www.stirringthepotharlem.com). The A.R.C. Choir will close out the show at 8:00 pm.

The prevention and treatment of diabetes and obesity is an important priority for this community. It has been said that you can’t medicate your way out of a bad diet. Stirring the Pot is designed to teach diabetic patients through a series of classes how to shop for and prepare healthy food even if on a food stamp budget.

All are invited to attend. The Diabetes Prevention and Treatment Center needs your support. No donation is too large!

What: “Stirring the Pot” Fundraiser and Chef Challenge Marathon

When: Saturday, May 19, 2012
9:00 a.m. – 9:00 p.m.

Where: The Old P.S. 139
120 W. 140th Street
Between 7th and Lenox Ave.
New York, NY 10037

Donation: No donation is too large! Proceeds will support the Stirring the Pot Program of the Diabetes Prevention and Treatment Center at Harlem Hospital Center.