

FAMILY PLANNING BENEFIT PROGRAM

And Other Health Insurance Options



Family Planning Benefit Program

What is it?

The Family Planning Benefit Program (FPBP) is a free, 100% confidential program that provides family planning services to NYC residents who meet certain requirements. If you are going to attend college outside of New York City, but within New York State, you can use this program to see a family planning service provider in your college town.

Note: You cannot access FPBP if you are covered by Medicaid or Family Health Plus. However, you can obtain birth control and other services through these programs.



What Are the Benefits?

FPBP covers:

- All forms of birth control (the pill, condoms, diaphragms, the patch, IUDs, Depo-Provera, NuvaRing and others)
- Emergency contraceptive services (Plan B) and follow-up
- Preventive screenings
- Other services directly related to Family Planning like
 - STI and HIV counseling and testing
 - Pregnancy counseling and testing

The FPBP card can be used at any provider who accepts Medicaid. This includes your local pharmacy, primary care doctors, community and school-based health centers, family planning clinics and hospitals.

Please Note: Abortions, HPV Vaccinations, fertility treatments, and pregnancy services are not covered under FPBP.

How Do I Apply for FPBP?

You'll need to bring the following documents to a FPBP provider. For a list of providers in your neighborhood, please visit [NYC.gov/healthstat/famplan](https://www.nyc.gov/healthstat/famplan)

1. Photo ID (Bring one)

- School ID
- Driver's license
- Passport
- Naturalization certificate
- Other official photo ID

2. Proof of Age (Bring one)

- Birth certificate
- Adoption or foster care records
- Official hospital or school records

3. Proof of citizenship (Bring an original document)

- Birth certificate
- Passport
- Naturalization certificate
- INS form - "Green" card

4. **Proof of address (Dated within the last 6 months - Bring one)**
 - Photo ID with address
 - Postmarked envelope, bill, magazine, etc.
 - Utility bill

5. **Social Security Number**
 - Bring card or know your number

6. **Proof of recent, monthly income (Bring one of the following)**
 - Four recent consecutive pay stubs
 - Letter from employer stating income
 - Letter stating receiving financial support from family member

7. **Documentation of any childcare expenses (Bring if this applies)**

Does coverage last forever?

Every year, you must renew your health insurance coverage if you are enrolled in FPBP, Medicaid, Family Health Plus or Child Health Plus. You will receive a renewal package in the mail. Simply fill it out and mail it in.

For more information on FPBP, please visit nyc.gov/healthstat or contact Jeannine Mendez at 212-331-4205



FPBP covers
all forms of
birth control,
preventive
screenings, and
much more.



What if I am already pregnant?

Don't panic!

You have other options, like the **Prenatal Care Assistance Program (PCAP)**, which offers complete pregnancy care and other health services for women and teens who live in New York State and meet income guidelines. PCAP covers lab tests, HIV tests, nutrition, screening and other services related to pregnancy for at least two months after delivery. Babies receive healthcare services for at least one year after birth.

All pregnant women are eligible for PCAP regardless of immigration status if they meet the other program requirements.

For more information on
PCAP, please visit
www.nyc.gov/healthstat/pregnancy



What other options do I have?

There are other public health insurance programs available for your reproductive and other healthcare needs. You can find out if you qualify for one of the available public health insurance programs by visiting [NYC.gov/accessnyc](https://www.nyc.gov/accessnyc)

ACCESS NYC is a site that allows New Yorkers to find out about the many public benefits offered for lower income singles and families.

Health coverage doesn't last forever, so make sure you renew every year. It's easy.



Public Health Insurance Options

Medicaid provides free health insurance for children, teens and adults who qualify.

Child Health Plus provides free or low-cost health insurance for individuals under the age of 19 who are not eligible for Medicaid.

NY State residents under 19 years of age are eligible for Child Health Plus regardless of immigration status, or that of their parents, if they meet the other program requirements.

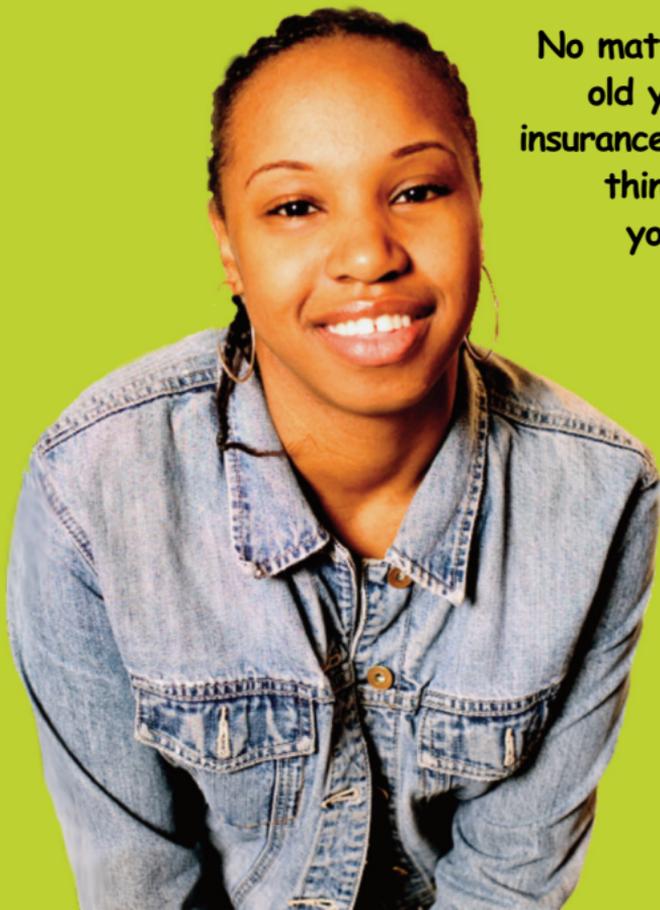
Family Health Plus provides free health insurance for uninsured individuals, age 19-64, who are not eligible for Medicaid and who meet other program requirements.



So why do I need health insurance? I'm not old and I feel fine.

No matter how old you are, insurance covers things that you do need, like:

- Medical Visits
- Dental Care
- Mental Health Services
- X-Rays & Lab Tests
- Immunizations
- Eye Exams & Glasses
- Prescription Drugs
- Hospital Care



No matter how
old you are,
insurance covers
things that
you need.

How Do I Apply for Public Health Insurance?

For the documents required to apply, please see "How do I Apply for FPBP" on page 6. For Medicaid and Family Health Plus, if you are under 21 years old and residing with your parents, they must submit the application on your behalf and their income will be used to see if you qualify.

If you would like more information or enrollment assistance with these public health insurance options, please contact Christine Ocasio, Community Outreach Coordinator at Healthfirst Health Plan at 917-331-4926.

Healthy NY is also available to individuals 18-64 years old who are not eligible for the public health insurance programs listed in this brochure. You can apply on your own even if you live with your parents. Please visit www.healthyny.org for more information or call 1-866-432-5849.



Michael R. Bloomberg
Mayor

**Human Resources
Administration**
Department of
Social Services

Robert Doar
Commissioner

Office of
Citywide Health
Insurance Access

Copyright 2009, The City of New York Human Resources Administration/
Department of Social Services. For permission to reproduce all or part of this
material contact the New York City Human Resources Administration.