



WHY YOU NEED MANAGED LONG TERM CARE

The Managed Long Term Care Program makes sure you get more help than you would if you just had a Housekeeper, Home Attendant or Home Health Care Worker. Through comprehensive care planning, the health plan you choose will coordinate a wide range of services that give you the type of care you need to stay healthy while remaining safely in the community.



Michael R. Bloomberg
Mayor

**Human Resources
Administration**
Department of
Social Services

Robert Doar
Commissioner

© Copyright 2010, The City of New York
Human Resources Administration/Department of Social Services
For Permission to reproduce all or part of this material
contact the New York City Human Resources Administration.

A Long Term Care Program - MLTC

Managed Long Term Care Program



**Human Resources
Administration**
Department of
Social Services

Medical Insurance
and Community
Services
Administration



WHO WE ARE

The Managed Long Term Care Program (MLTC) helps people by coordinating different long term care services in the community to help members live independently, in their homes, for as long as possible. To get this service, you have to:

- Be eligible for Medicaid;
- Need at least 120 days of care;
- Have a chronic illness or disability serious enough to need the kind of care usually given in a nursing home.

Health plans that have been authorized through New York State provide these services. Plans may have added rules for joining, such as age, where you live, willingness to use doctors that work with the plan and how you are paying for services.

HOW WE CAN HELP

Through a provider care manager or care management team, an MLTC plan can arrange for a wide range of health and social services, including:

- Care Management;
- Home Care, including Nursing, Home Health Aide, Occupational, Physical and Speech Therapies;
- Personal Care, such as assistance with bathing, dressing, etc.;
- Home Delivered and/or Meals in a Group Setting Social Day Care;
- Personal Emergency Response System.

Some plans may offer different services. You must carefully consider what you need and what each plan offers before choosing which plan to enroll in.

WHEN YOU APPLY

To get this service, you must contact the health plan you want to work with and enroll with them directly. In order to have Medicaid pay for the service, you have to choose one of the health plans authorized by New York State. Once you contact the plan you want to enroll in, staff from the plan will visit your home to find out whether you meet the requirements for the program. If they think you will, they will help you fill out an application for MLTC and for Medicaid, if you need it. During the home visit(s), the plan will work with you and any family members or friends you would like to be involved in your care to set up a care plan. The care plan will include all of the services you need to make sure you can stay at home and remain safe for as long as possible.



Contact Us

If you have questions or need more information on the Managed Long Term Care Program



call
212-835-7400 and 7661

or call
311

or visit

www.NYC.gov/hra/LTC