



WHY YOU NEED THE PERSONAL CARE PROGRAM

Sometimes people find it difficult to perform basic personal tasks and household chores that make it safe and comfortable to live at home. Home Care offers help with Activities of Daily Living (ADL's) to enable people to remain in their homes rather than in a nursing facility. These ADLs include, but are not limited to, activities such as household chores, personal grooming, hygiene, shopping for food and using public transportation.

If your doctor agrees that you need some help with basic daily activities, the Personal Care program might be able to provide that help to you.

© Copyright 2010, The City of New York
Human Resources Administration/Department of Social Services
For Permission to reproduce all or part of this material
contact the New York City Human Resources Administration.

NYC
Mayor
Michael R. Bloomberg

**Human Resources
Administration**
Department of
Social Services
Robert Doar
Commissioner

A Long Term Care Program - PC

Personal Care Program





WHO WE ARE

Both home attendant and housekeeping services are available through the Personal Care Services Program for people who need help and have very little or no income. This program is available through Medicaid, private payment, and some health insurers.

- If necessary, the local CASA office will assist you with your Medicaid application.
- Your doctor must request the service.
- You must have a stable medical condition, be able to tell someone what kind of help you need or have someone explain it for you, and reside in a safe, secure home environment.
- Self-directing disabled individuals may also choose to participate in the Consumer-Directed Personal Assistance Program (CDPAP).

Consumer-Directed Personal Assistance Program (CDPAP)

- Services can include any of the services provided by a personal care aide (home attendant), home health aide, or nurse.
- Recipients have flexibility and freedom to choose their caregivers.
- You or the person acting on your behalf assume full responsibility for hiring, training, supervising, and – if need be – terminating the employment of persons providing the services.

HOW WE CAN HELP

All HCSP services including CDPAP provide two types of Personal Care:

Level I: Housekeeping

Cleaning, shopping, laundry and meal preparation (“in-house” duties only).

Level II: Home Attendant

Cleaning, shopping, laundry, meal preparation, simple personal care, providing assistance with ambulation, escorting client to medical appointments, monitoring changes in client’s behavior or needs and reminding client to take (but not administer) medication(s).

If you need help with medical activities such as changing bandages or taking your blood pressure, the Managed Long Term Care or Long Term Home Health Care Program might be a better choice for you.

CONTACT US

If you have questions or need more information on the Personal Care Program



call

212-896-8880

or call

311

or visit

www.NYC.gov/hra/LTC

WHEN YOU APPLY

Your doctor must send a completed Medical Request for Home Care, Form M-11q, to the local community based CASA office or Central Intake office within 30 days after your exam. You can obtain the Form M-11q online, in-person or by mail from the local CASA office and either mail it back to Central Intake Unit or bring it in-person to one of our local offices.

Once we receive your application, a nurse and caseworker will visit you to find out what you need. Once that is done, we will mail you a letter telling you whether you will receive services. If you are determined eligible, a Home Attendant or Housekeeping agency will be assigned to your case. You will also be assigned an HRA caseworker who will help you if you have questions about any services, or if you have questions about Medicaid.

