

**NYC HEALTHY RELATIONSHIP
TRAINING ACADEMY**



STAFF TRAINING REQUEST FORM

Please complete this request form to schedule training for organizational staff members who work directly or indirectly with adolescents and/or young adults. The training will focus on the components of dating violence and relationship abuse among teens and young adults, and how staff can best help young people develop healthy relationships. During the training facilitators will use interactive activities such as brainstorming, problem-solving, role-plays, discussion and small group activities.

Today's Date: ___/___/___

Name of Organization: _____

Services provided: _____

Your Name: _____

Title: _____

Tel.: _____ **Fax:** _____

Email: _____

Address: _____

City, State, Zip: _____

Directions via public transportation: _____

PARTICIPANT INFORMATION

Please indicate the total number of expected participants and their professional roles at your organization (ie. Social Workers). Note: we require a minimum of 10 and a maximum of 25 participants.

of participants expected: _____

Professional roles: _____

About how old are the young people the staff work with? _____

TRAINING INFORMATION

Please indicate your preferred and alternate training dates and the amount of time you would like to spend on the training. Note that the minimum amount of time for training is 2 hours.

Preferred Date: ___/___/___ **Start time:** ___:___ am / pm

Alternate Date: ___/___/___ **Start time:** ___:___ am / pm

Length of Time: _____ hours (please note the minimum length is 2 hours)

Please describe the space you have available for the training: _____



TRAINING TOPICS

Please indicate what topics you would like emphasized, and we will work with you to tailor the training to your organization's needs.

Family Domestic Violence and Teen Dating Violence

- Defining Violence, Family Domestic Violence, and Teen Dating Violence
- Effects of Domestic Violence on Children and Teenagers
- Understanding Power and Control
- Features of Adolescent Development and Their Relevance to Teen Dating Violence
- Runaway Homeless Youths' Diverse Experiences with Abuse
- Gender Roles
- Understanding Victimization
- Why People Stay in Abusive Relationships
- Cycle of Abuse
- Creating an Environment for Disclosure
- Communicating with Victims of Teen Dating Violence
- Managing Barriers to Disclosure: Specific Populations, Their Experiences with Abuse, and Fears of Re-victimization
- 23 Warning Signs of an Abusive Person
- Working with Abusive Teens
- Behavioral and Physical Signs of Abuse after Victimization
- Tips for Working with Teen Victims of Relationship Abuse
- Risk Factors for Domestic Violence Homicide
- Safety Planning for the Victim
- Emotional Toll and Safety Precautions for Staff

Healthy Relationships

- Relationship Equality
- Identifying Relationship Needs and Wants
- Starting a Relationship
- Understanding and Asserting Boundaries
- Balancing You, Me, and Us
- Effective Time-Outs
- Ending an Abusive Relationship Safely
- Dealing Emotionally with a Breakup

PLEASE RETURN VIA MAIL OR FAX TO:

NYC Healthy Relationship Training Academy
Mayor's Office to Combat Domestic Violence
100 Gold Street, 2nd Floor, New York, NY 10038
Tel: (212) 341-3889 Fax: (212) 788-2798
Website: www.nyc.gov/domesticviolence