

What is Dating Violence?

Many young people experience abusive behaviors, but do not identify the abuse as dating violence. For many, these behaviors are incorrectly seen as “normal,” and are not considered problematic.

Dating violence may include:

- Isolation / Extreme jealousy
- Stalking
- Verbal / Emotional abuse
- Intimidation or Threats
- Peer pressure

Teen dating violence can happen to anyone, regardless of gender, sexual orientation, race, age, or socioeconomic status.

5 Signs of a Dangerous Relationship

Your Partner...

1. Calls/texts/IMs you constantly and/or checks your email.
2. Embarrasses or insults you in front of others.
3. Acts jealously and does not want you to spend time with others.
4. Consistently criticizes your friends, clothes, or interests.
5. Threatens to commit suicide and/or hurt you or someone close to you if you break-up.

Resources

If you or someone you know is a victim of domestic violence, help is available.

For emergencies: **911**

For information: **311**

NYC 24 hour Domestic Violence Hotline:
1-800-621-HOPE (4673)
1-866-604-5350 (TDD)

NYC Youthline: **1-800-246-4646**
1-800-246-4699 (TDD)

NYPD Sex Crimes Report Hotline:
212-267-7273



Michael R. Bloomberg, Mayor

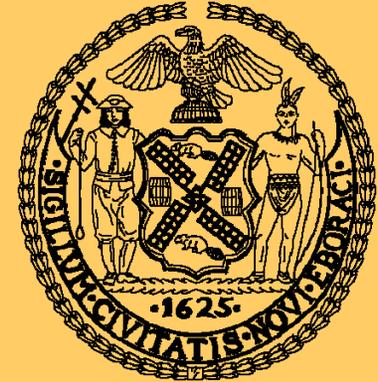
Yolanda B. Jimenez, Commissioner
Mayor's Office to Combat Domestic Violence

Jeanne B. Mullgrav, Commissioner
Department of Youth and Community Development

www.nyc.gov/domesticviolence

The Adolescent Dating Violence Prevention Project

*Mayor's Office to Combat Domestic Violence
and
Department of Youth and Community Development*



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NYC Healthy Relationship Training Academy

The NYC Healthy Relationship Training Academy was established in order to meet the need for educational and skill-building training for adolescents and organizations which provide services to young people.

We are working to make sure that young people know:

- A healthy relationship requires trust, honesty, and respect.
- Healthy relationships are based on mutual respect through which both partners are treated equally.
- In healthy relationships, both partners support each others' goals, decisions, and opinions.
- Feeling safe, comfortable, and at ease expressing feelings are important qualities of a healthy relationship.
- Everyone has a right to be in a healthy relationship.

10% of New York City teens reported being hit, slapped, or physically hurt by a boyfriend/girlfriend in the past year.

**NYC Department of Health and Mental Hygiene, Youth Risk Behavior Survey, 2005*

Workshops for Teens

- NYC Healthy Relationship Academy offers a 90-minute workshop for young people, facilitated by two peer educators.
- Peer-led workshops provide vital information and increase young people's knowledge about the topics of teen dating violence and healthy relationships.
- The workshops include interactive activities which encourage discussion and group participation.
- The curriculum was designed to be inclusive of youth who are runaways or homeless, pregnant or parenting, foreign-born, LGBTQ, or sexually exploited through prostitution.
- There is no cost for hosting a workshop. Workshops will be conducted at the requesting organization's site.

Training for Staff

Training is available for the staff of organizations who work with adolescents. We will work with you to design a training program that will fit your organization's needs. Training sessions can range from 3 to 14 hours (and can be divided over 1 to 3 days).

Training topics include:

- Defining violence - family violence, domestic violence, and teen dating violence
- Understanding teens' experiences with family domestic violence and dating violence
- Working with teen victims and abusers
- Defining a healthy relationship
- Evaluating relationships and asserting boundaries
- Starting and ending relationships

“The teens really enjoyed the program and gained a great deal from the information given.”

*~ Unique Wynne, Director
St. Nicholas Community Center*

To Schedule a Workshop/Training

Contact the Mayor's Office to Combat Domestic Violence at: **(212) 788-3156**;

OR

Download a workshop request form from the Mayor's Office to Combat Domestic Violence website at: www.nyc.gov/domesticviolence

Please fax the request form to: **(212) 788-2798**

On average, 90% of the participants report learning something new about teen dating violence during the workshop.

** Post Workshop Questionnaire and Evaluation*