

Brooklyn Treatment Court Veterans Mentoring Initiative

Mentoring is the development of a partnership through which one person shares knowledge, skills, information and perspective to promote the personal and professional growth of another individual. Through this partnership, the mentor and mentee create an opportunity for collaborative goal achievement and problem solving.

Brooklyn Treatment Court's Veterans Mentoring Initiative is a way of providing this specialized population with additional support during their recovery. BTC clients who have served in the United States armed forces will be eligible to participate in this mentoring initiative during their time in treatment. These clients will be matched with a Veteran Mentor who will serve as a role-model to them as they build a supportive relationship. The mentors and veterans will meet based on availability and when their schedules permit.

The goals and objectives of the Veterans Mentoring Initiative is to provide additional support to clients that face unique challenges during their time in treatment court. Veterans make up a population that often struggles in treatment with issues such as alcohol and substance abuse, mental illness, homelessness, unemployment, poor health and strained relationships. The goal of this mentoring program is to facilitate change and help this population overcome the challenges they face to become successful. More specifically the goal of this mentoring initiative is to assist Veterans to fully develop the following areas:

- Social skills
- Problem solving skills
- Relapse prevention strategies
- Effective self care strategies
- Conflict resolution skills
- Educational/Vocational motivation

For further information please contact:

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